March 2024

Nazareth Middle and High School Breakfast



Rise and Shine Breakfast

Breakfast meals will NOT be served on early dismissal days or 2-hour delays.

Breakfast meals are at no cost.

Assorted 100% fruit juice, assorted fruit, apples, raisins, mixed fruit cup, peach cup, pear cup daily. Breakfast consists of four components (4 items): A grain or protein, fruit, vegetables and milk. Students must take 3 of the 4 components to make a meal complete. At least one component must

Menu is Subject to Change: USDA and this institution are equal opportunity providers.

be a fruit or vegetable.